BASIC TEST / ADVANCED TRAINING



MONARK LC2

With the LC2, Monark Exercise takes the scientific legacy to the next level. This is the perfect ergometer for training, testing and education.

The LC2 is equipped with the new Novo mini display with full ANT+ compatibility which allows the user to connect to all devices and software supporting ANT+. The manual adjustment combined with the unique pendulum system and heavy flywheel provide unmatched accuracy, resistance control and cycle feeling.

MAIN FEATURES

- Monark Novo mini display
- ANT+ compatibility
- Monark's pendulum system
- Calibratable
- Perfect fit frame

THE BASICS

- Perfect cycle feeling
- RPM dependent power
- Workload range 1400 Watt at 200 RPM
- Easy to control and calibrate
- ANT+ heart rate system
- Easy to use your own saddle, handlebar and pedals

Max user weight 180 kg



SPECIFICATIONS LC2

Certifications	EMC directive 201430/EU	
FRAME		PC CONNECTION
Туре	Sports, perfect fit	Using ANT+ to connect to PC and Mac e.g. Zwift.
Handlebar	Racing handlebar	Mac C.g. Zwiit.
Stem	Adjustable, horizontal 60 mm, vertical 500-910 mm	COETWARE
Seatpost	Adjustable, horizontal 60 mm, vertical 530-940 mm	SOFTWARE Any ANT+ compatible software
Saddle	Unicus, black	Training, Testing and Education
BB	68/110 mm	The unique pendulum system allows calibration of the workload and unmatched accuracy, reliabili- ty and repeatability.
Crank	Steel, 172.5 mm	
Pedals	9/16", combi SPD	
RESISTANCE	D 11	All models are:
System	Pendulum	
Flywheel	18.6 kg, 44lb	 Anti-corrosion treated and powder coated
DISPLAY		Made in Sweden
RPM	Yes	- Made in Sweden
HR	ANT+	
Time	Yes	CONTACT
Speed	Yes	CONTACT
Distance	Yes	sport-medical.monarkexercise.se
Watt	Yes	
Resistance	Yes	
CONNACTIVITY		
ANT+	Yes	
WEIGHT &		
MEASUREMENTS		
Max user weight	180 kg, 396lb	
Length (mm)	1405 mm	
Width (mm)	640 mm	
Height (mm)	Max 1240 mm	
Weight (kg)	77 kg, 169lb	
POWER		
REQUIREMENTS Powerbank	GP Portable PowerBank B02A	
- OVERDALIK	GI I GITUDIC I GWCI DUIN DOZA	

