

## Go Series Shoulder Press

GO-S23

Appeal to those new to strength training with a space-saving shoulder press that's easy-to-use. Oversized neutral grips let users get started with no adjustments needed while reducing stress on shoulder joints. Ideal for facilities where space and budgets are limited, it will easily fit your training area or circuit program.



ADJUSTMENTS	
USER ADJUSTMENT RANGE	N/A
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White
MACHINE ANCHORING LOCATIONS	Yes
CABLE TRANSMISSION	Internally lubricated cables and fittings

TECH SPECS	
MAX USER WEIGHT	159 kg / 350 lbs.
PRODUCT WEIGHT	160 kg / 353 lbs.
OVERALL DIMENSIONS	148 x 110.5 x 140 cm / 58.4" x 43.5" x 55.2"
MAX "IN-USE" DIMENSIONS	148 x 110.5 x 176 cm / 58.4" x 43.5" x 69.3"

USER AMENITIES	
PERSONAL STORAGE	Bottle holder and storage area
PLACARD COLOR CODING	Yellow (upper body)
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations

WEIGHT STACK	
TOTAL STACK WEIGHT	45 kg / 100 lbs.
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
WEIGHT STACK GUARDING	Full front and rear metal shrouds