



Go Series Lat Pulldown

GO-S33

Choose our intuitive lat pulldown to help those new to strength training improve their upper-body strength. Oversized neutral grips offer a comfortable hold while reducing stress on shoulder joints, and the ratcheting seat easily adjusts to fit users of all sizes. Its space-saving design fits your facility and your budget.

ADJUSTMENTS	
COLOR-CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	6 seat starting positions

FRAME & CABLES	
FRAME FINISH	Proprietary two-coat powder process
MACHINE ANCHORING LOCATIONS	Yes
CABLE TRANSMISSION	Internally lubricated cables and fittings
AVAILABLE FRAME COLOR	Iced Silver, Matte Black, Graphite Grey, Gloss Black, Polarized Titanium, Lace White

TECH SPECS	
OVERALL DIMENSIONS (L X W X H)	162 x 91 x 171 cm / 63.8" x 35.8" x 67.3"
PRODUCT WEIGHT	210 kg / 463 lbs.
MAX USER WEIGHT	159 kg / 350 lbs.
MAX "IN-USE" DIMENSIONS (L X W X H)	174 x 91 x 171 cm / 68.5" x 35.8" x 67.3"

USER AMENITIES	
PLACARD COLOR CCODING	Yellow (upper body)
PERSONAL STORAGE	Bottle holder and storage area
FRONT PLACARDS	Muscle call outs, start and finish exercise illustrations, adjustment points

WEIGHT STACK	
WEIGHT PLATE INCREMENTS	4.5 kg / 10 lbs.
CONSISTENT STACK HEIGHT	Yes, 137 cm / 54"
OPTIONAL INCREMENTAL WEIGHT	2.3 kg / 5 lbs.
WEIGHT STACK GUARDING	Full front and rear metal shrouds
TOTAL STACK WEIGHT	72 kg / 160 lbs.